



International Guest speakers: Dr Dan Hughes and Dr Jon Baylin present an afternoon on brain-based attachment interventions to transform troubled lives

Tuesday 27th October 2020 12pm-5.30pm via Zoom

Places are fully funded by HeadStart Kernow for colleagues in Cornwall

Book Here - www.headstartkernow.org.uk/calendar/book-training

12.00 -12.05	Introduction HeadStart Kernow
12.05 -1.15	Dr Jonathan Baylin The Neurobiology of Trust and Blocked Trust The Neurobiology of Care and Blocked Care
1.15 -1.30	Break
1.30 -2.30	Dr Dan Hughes Psychological Features of Attachment and Developmental Trauma Reciprocity and Intersubjectivity
2.30 -2.50	Audience questions to Dr Jonathan Baylin and Dr Dan Hughes
2.50 -3.10	Break
3.10 - 3.55	Dr Jonathan Baylin The Neurobiology of Affect Dysregulation to Regulation Reawakening the Social Pain System within the Context of Safety Reviving the Self-System: Strengthening the Default Mode Network The Neurobiology of Compassion and Empathy
3.55 -4.10	Break
4.10 -5.10	Dr Dan Hughes DDP: The Path Toward Relational Safety and Development. Principles for Trusting and Caring Again.
5.10 -5.30	Audience questions to Dr Jonathan Baylin and Dr Dan Hughes
5.30pm	End

Dr Jonathan Baylin

Dr Jonathan Baylin, PhD, received his doctorate in Clinical Psychology from Vanderbilt University (US) in 1981. He has been working in the mental health field for 35 years. For the past fifteen years, while continuing his clinical practice, he has immersed himself in the study of neurobiology and in teaching mental health practitioners about the brain. He has given numerous keynotes and workshops for mental health professionals on 'Putting the Brain in Therapy' both internationally and regionally within the US. Several years ago, Dr. Baylin began a collaborative relationship with Dan Hughes, a leader in the field of attachment-focused therapy.

Dr Dan Hughes

Dr Dan Hughes is a clinical psychologist who resides in USA. After receiving his Ph.D. in Clinical Psychology from Ohio University he fairly quickly began specializing in the treatment of children and youth who had experienced abuse and neglect and for the most part now manifested serious psychological problems secondary to childhood trauma and attachment disorganization. Not having much success helping these children with traditional treatments, he developed an attachment-focused treatment that relied heavily on the theories and research of attachment and intersubjectivity to guide his model of treatment and parenting. He is the author of many books including *Building the Bonds of Attachment*, *Attachment-Focused Family Therapy Workbook* and *Facilitating Developmental Attachment: The Road to Emotional Recovery*. Dan has recently co-written the book *Settling Troubled Pupils to Learn – why relationships matter in school* together with Louise Bomber. He has provided training and consultations to therapists, social workers and parents throughout the US, Canada, UK, and Australia and provides regular training's at Colby College in Maine, Annville, PA, and London, UK. He also is a visiting tutor for a graduate program in London.

