

START  
NOW



## INTRODUCING YOUR NEW START NOW WEBSITE

### Aged 10-13? Up for an Awesome Adventure?

- Explore ways to understand your feelings and discover how to be your best and brilliant self.
- Made just for you - with top tips, games and advice that make sense for your life right now.
- Whether you're powering through primary, starting secondary school or figuring out friendships, we've got your back.



[www.startnowcornwall.org.uk](http://www.startnowcornwall.org.uk)