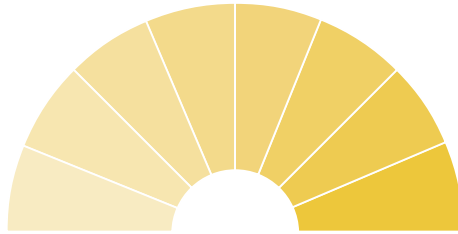


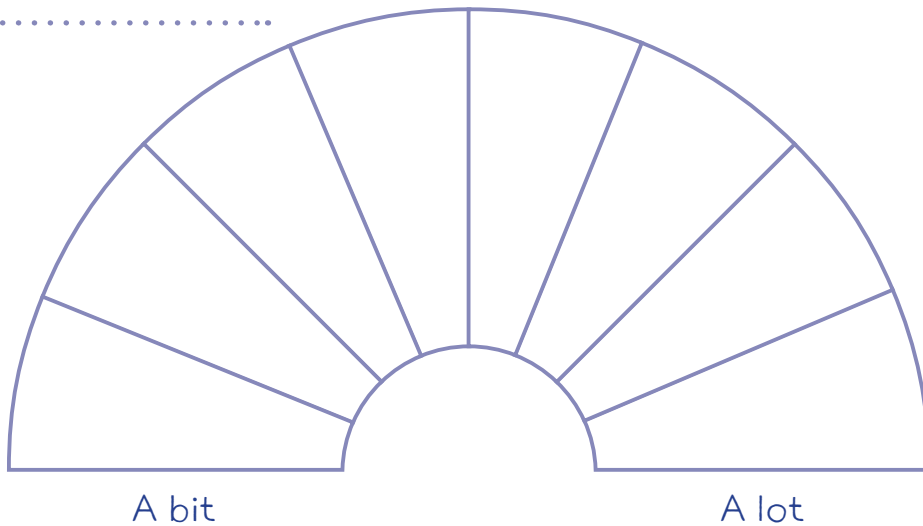
# MY FEELINGS FILES | FEELING-O-METER

Choose a feeling. Label each section of your feeling-o-meter with a word to describe the size of the feeling, and colour in to show the strength of the feeling too - like this...

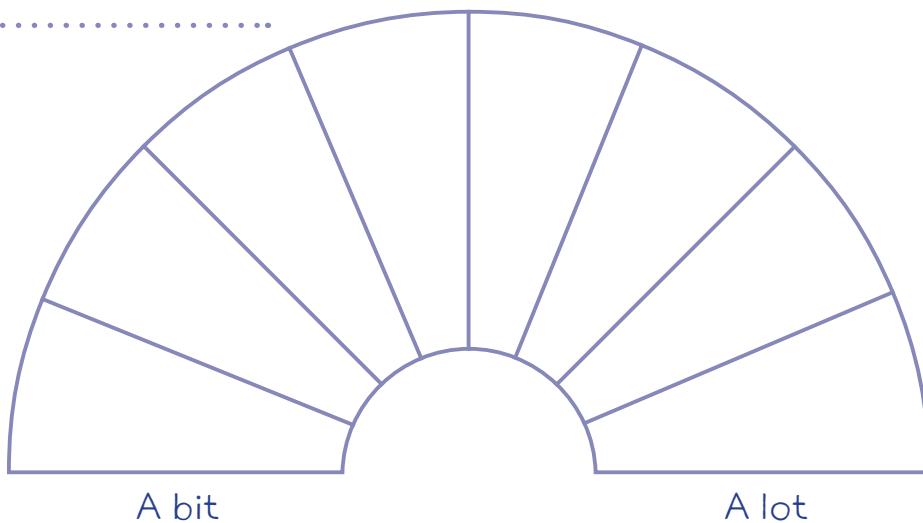
**FEELING...** Happy



**FEELING** .....



**FEELING** .....



You could cut out your feeling-o-meter and use a split pin to attach the dial.