

SHADES of Emotion

Loving

Caring	Accepting
Thoughtful	Understanding
Generous	Nurturing
Affectionate	Passionate

Doubtful

Hesitant	Uncertain
Insecure	Indecisive
Distrustful	Wavering
Skeptical	Suspicious

Happy

Content	Joyful
Peaceful	Optimistic
Pleased	Ecstatic
Jubilant	Elated

Confident

Independent	Secure
Strong	Brave
Respected	Courageous
Empowered	Self-Assured

Sad

Moody	Upset
Disappoint	Hopeless
Depressed	Pessimistic
Miserable	Devastated

Shame

Embarrassed
Disappointed
Defeated
Humiliated

Hurt

Upset
Offended
Disappointed
Heartbroken

Scared

Timid	Cautious
Anxious	Hesitant
Terrified	Nervous
Petrified	Alarmed

Mean

Dangerous	Rude
Despicable	Hurtful
Evil	Cruel
Heartless	Malicious

























































































