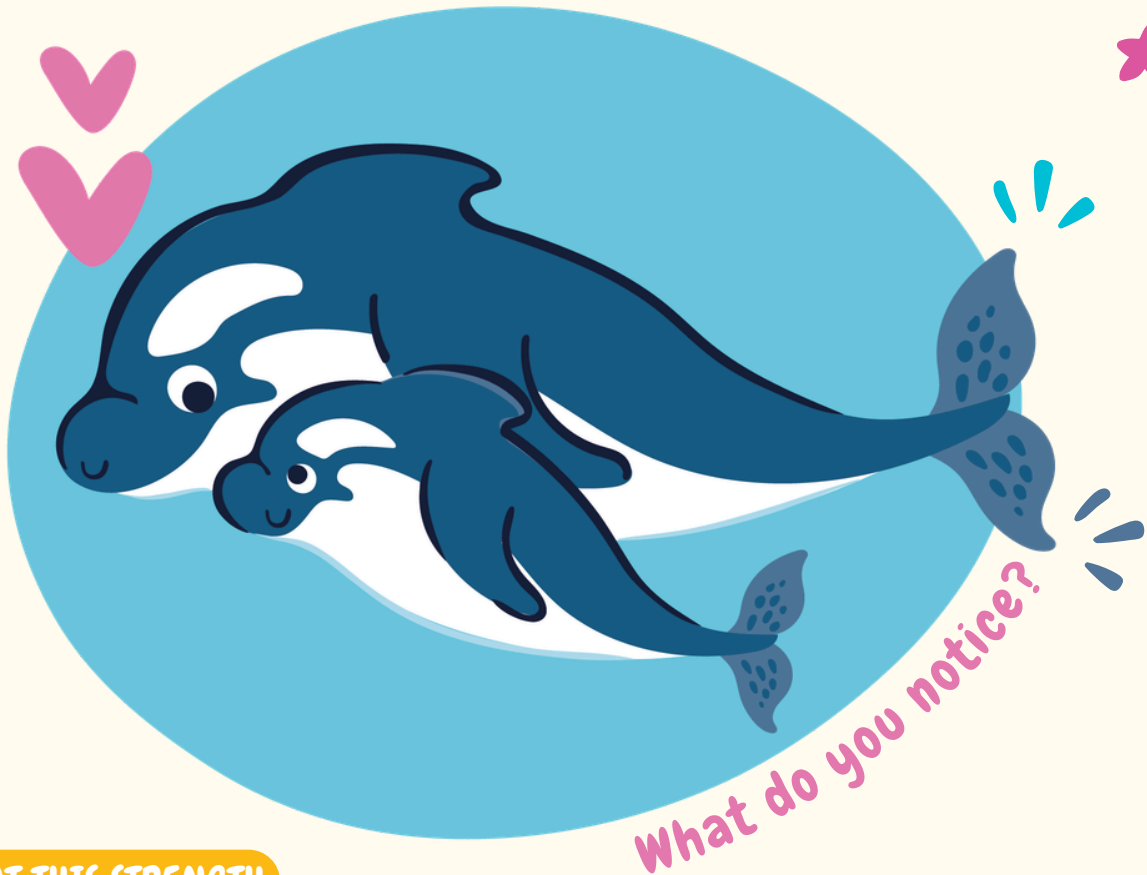




LOVE & FRIENDSHIP

affection * care * closeness * warmth * connection * devotion

OUR
CARING FOR
OTHERS
STRENGTHS



ABOUT THIS STRENGTH

Love and friendship are caring deeply about family and friends



CARING DEEPLY IN ACTION

Luke makes a 'get well soon' card and writes a note to his grandma when she comes home from hospital after an operation.



STRENGTH SPOTTING

Can you spot someone using this strength today?
How could you try this strength today?



I WONDER...

- How does it feel when you know that someone is looking out for you?
- How can people show they care without using words?

“If you have only one smile in you, give it to the people you love” Maya Angelou”



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KINDNESS

caring * helpfulness * generosity * compassion * thoughtfulness * warmth

OUR
CARING FOR
OTHERS
STRENGTHS



ABOUT THIS STRENGTH

Kindness is choosing our words or actions to help or care for others.



KINDNESS IN ACTION

Kai notices that the new pupil, Kezia is sitting alone at playtime. He goes to ask her to join the game he and the others are playing.



STRENGTH SPOTTING

Can you spot someone using this strength today?
How could you try this strength today?



I WONDER...

- Can a very small act of kindness make a big difference?
- How does it feel when someone does something kind for you?

“You can always, always give something, even if it is only kindness.”
Anne Frank



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EMPATHY

OUR
CARING FOR
OTHERS
STRENGTHS

understanding * compassion * sensitivity * caring * consideration * thoughtfulness



What do you notice?



ABOUT THIS STRENGTH

Understanding how another person may be feeling and showing that we care about them.



EMPATHY IN ACTION

Ethan notices that a classmate quiet and looks sad. He gently checks whether they would like company or help.



STRENGTH SPOTTING

Can you spot someone using this strength today?
How could you try this strength today?



I WONDER...

- How can we tell when someone might need a friend today?
- I wonder how you can tell when a friend needs a hug versus when they need space?

“Empathy is the ability to walk a mile in someone else's shoes, even if the path is unfamiliar.”
Unknown



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