

## You Need:

- Clear jars / bottles (tall plastic jars with a screw lid are perfect)
- Rainbow coloured water beads (easily available online)
- Water to soak the water beads
- Containers for separating the water beads by colour
- Bowl or container to soak the water beads
- Measuring jug
- Measuring spoon
- Plastic tweezers
- Baby Oil
- Glue (gun) for sealing the lid (optional)

## Instructions:

- Soak the water beads (follow the instructions on the beads) until they are fully hydrated.
- Separate the water beads by colour into separate containers
- Layer the water beads by colour in a rainbow pattern (or any other pattern you choose.
- Fill the jar about 3/4 full (to allow the beads to move around) <u>OR</u> right to the top if you want keep your colour pattern unmixed)
- Add the baby oil up to the brim
- Put the lid on (if going to be used unsupervised seal the lid with glue)
- Enjoy!

## Notes:

The beads are safe to use (see details on the bottle). They can be reused again and again (dried / rehydrated)

The slow movement of the beads in the bottle (due to the baby oil) particularly with light behind is captivating and calming.