

Draft.

School Staff Feedback: My Brilliant Place to be ME! Wellbeing Journal

Hello! Your feedback on the **'Brilliant ME!'** is important to us. Please take a few minutes to share your thoughts on the resource and how it has been for your pupils. Thank you for your time!

1. Your role

- Wellbeing Practitioner supporting pupils
- Classroom Teacher
- Senior MH Lead
- SLT
- Other

2. Please describe your thoughts on Brilliant ME! in 3 words?

1	2	3
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Any other comments:

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3. How has the school shared 'Brilliant ME!' journal with children?

- With individual children receiving wellbeing support
- With small groups
- In class
- Sent home

4. Have you noticed any positive changes for individual students since they started using 'Brilliant ME!'?

- Yes
- No
- Not sure

Comments

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Any comments / feedback from parents?

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5. What aspects of 'Brilliant ME!' do you see as most helpful for pupils? (score each from 1 (least helpful to 5 most helpful)

• Self-awareness / confidence ('All about me')	1	2	3	4	5
• Exploring & understanding emotions ('Name it...')	1	2	3	4	5
• Coping Skills and Strategies ('I've got this')	1	2	3	4	5
• Colouring / puzzles /crafts / stickers etc.	1	2	3	4	5

Top activities

1.
2.
3.

Least useful activities

1.
2.
3.

Any gaps?

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6. 'Brilliant ME!' is also available online with downloads, notes for school staff and additional resources (ongoing process). If you have visited the website what are your thoughts?

Is the website element useful? Will the addition of supporting notes / curriculum links / additional resources be useful to schools. Is it something you'd signpost to parents and carers.

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7. Do you think 'that as we develop 'Brilliant ME!' it could be the school could use to support wellbeing in the classroom (e.g. PSHE lessons) as well being a resource for individual children?

8. Are there any challenges you or your students have faced in using 'Brilliant ME!'?

- Don't Know
- No
- Yes (please explain below):

9. How would you like to see 'Brilliant ME!' evolve to better support you and your pupils?

10. Any other thoughts or suggestions regarding 'Brilliant ME!' in school?

Thank you for your valuable feedback! Your insights help us improve 'Brilliant ME!'