



HEADSTART KERNOW



☀️ **We work alongside partners across Cornwall to promote children and young people's emotional health and mental wellbeing.**

☀️ **We champion a trauma-informed, relational, whole school / setting / system approach.**



We Offer (FREE)

- Training and CPD for professionals (online, on-demand, face to face)
- Resources and toolkits for schools and settings
- Support, information and resources for parents/carers
- Signposting, information and resources for children, young people



Headstart for professionals
www.headstartkernow.org.uk



Headstart for children & YP
www.startnowcornwall.org.uk



Headstart for parents and carers
www.startnowcornwall.org.uk



**CORNWALL
COUNCIL**
one and all • onen hag oll

Together 
for Families