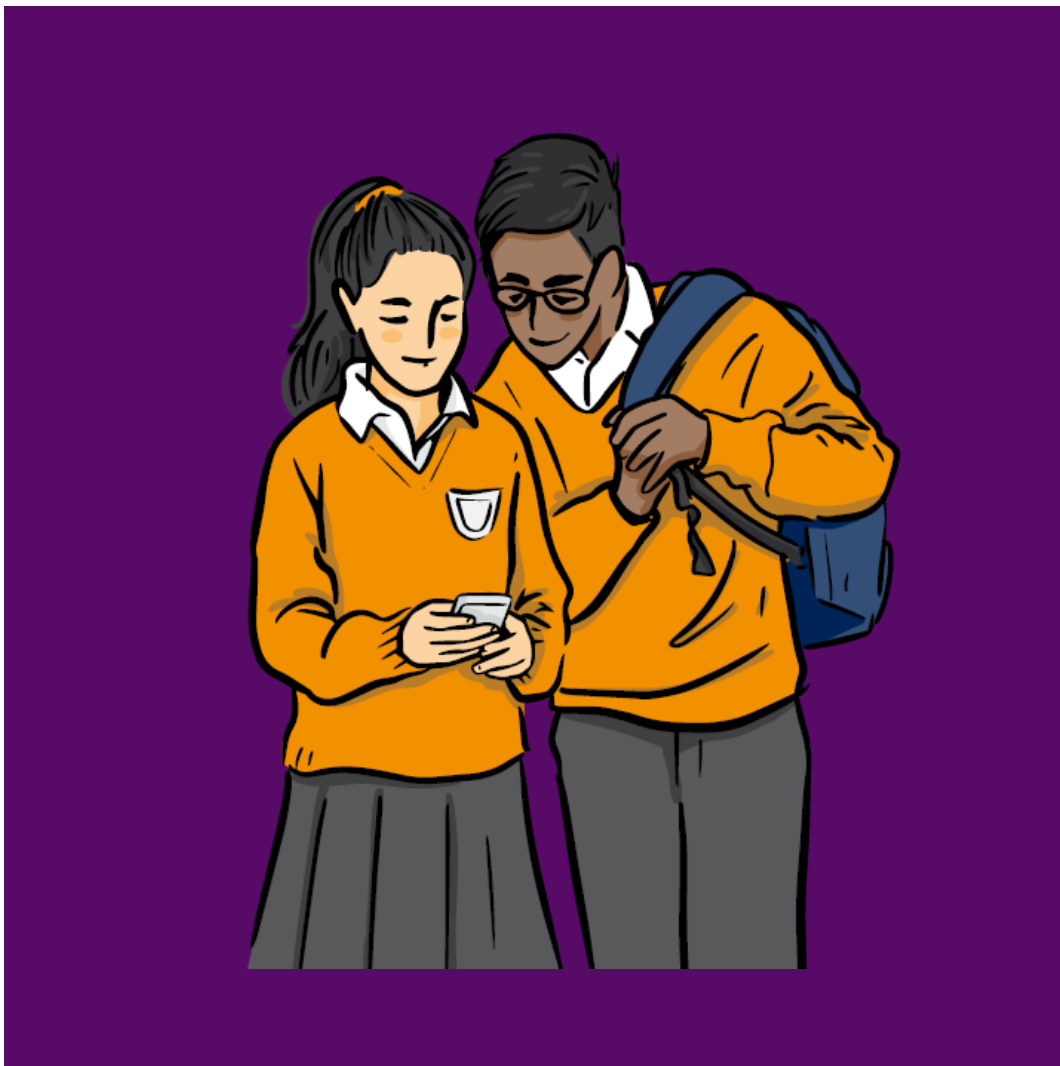


R U Connected?



Get your free Connect Card for:

- Information about wellbeing and mental health
- Signposts to support
- Info about fun stuff in your local area
- Free stuff / competitions
- Ways to 'get involved' and earn 'Tempo Time Credits'*

*You can use Time Credits for things like cinema tickets and days out... 😊

Collect your card from:

📍 startnowcornwall.org.uk

📷 🐦 📘 hskyouth

START
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