

# 'Everybody's Business' on the Cornwall Wellbeing Hub Welcome!

Supporting a Whole School, trauma informed, relational Approach to wellbeing, that is 'everybody's business'

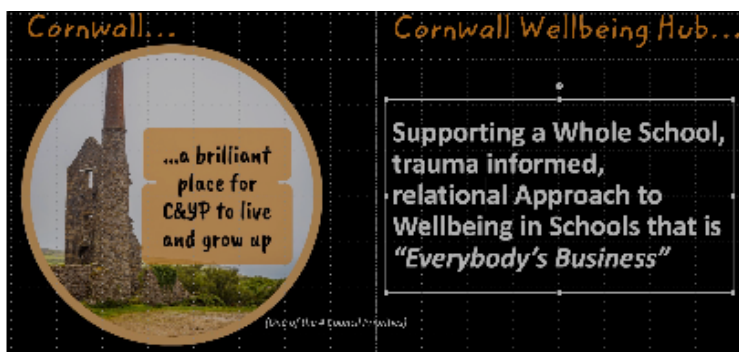
If you would like to access any / all the sessions in the **Everybody's Business: An Introduction to Wellbeing in Schools series** you can via the Everybody's Business section on the Cornwall Wellbeing Hub ([www.hub.headstartkernow.org.uk](http://www.hub.headstartkernow.org.uk))

On the Hub you can see recordings of all the sessions / download the presentation slides / additional notes provided by the speakers and supporting links / resources)

## How to join

To access the sessions you first need to sign up to the Hub (it's quick and easy)

1. Go to [www.hub.headstartkernow.org.uk](http://www.hub.headstartkernow.org.uk)/ If you haven't already joined the Hub follow the **Create new account** link.
2. Once logged in go to the top toolbar and click **topics**.
3. Click on the **Wellbeing Training to Support Schools** topic (in top left of list) and then find and click on **Everybody's Business**
4. When you first visit the EB page you'll find a **Join Topic** button just click to access (and you won't see it again)
5. Enjoy - we hope you find it useful!



Wellbeing Training to Support Schools

**"Everybody's Business" - an introduction to wellbeing for school support staff**

A series of 10 webinars offering school support staff (and anyone else in the school community who is interested!) with some insights to support confidence and practical tools / ideas to use in your day to day interactions with C&YP.



Building resilience  
and mental wellbeing for  
children and young people