

## Headstart Kernow School Support – Overview Action Plan Y3

### Notes on completing the action plan

Aiming for a simple, straight forward action plan that you complete online / print off.

The online action plan can be found at <https://www.headstartkernow.org.uk/schools/login/>

Schools will be provided with a **login / password** or contact Kate.

#### Sections:

- **Y2 Review feedback / notes (KP)**

Notes based on the review meeting / your review report. Also includes update on any actions HSK had following the meeting. There is a space to comment / feedback.

- **Actions identified** (e.g. as part of your Y2 report)

May have been pre-populated. Update / amend as appropriate

- **Y3 Expectations / Support**

As we support you towards creating a sustainable legacy – with space to comment / feedback

- **Y3 £10K – Headlines**

This may have been pre-populated with some thoughts based on discussions at Y2 review visits – please expand / amend as appropriate.

- **Funded post(s) / Practitioner / other staff involved** – update for our records

Update as needed

- **Young People**

We are keen to encourage greater YP involvement in MH / Wellbeing work in schools as part of the exit strategy / legacy post HSK and are keen to see youth voice in action in school. The MH Lead should be working closely with young people.

**Start Now** is our HSK Youth, young people led communications plan to support young people engagement. They wanted more information about Headstart and materials and ideas to support involvement in schools.

The YP have created posters and other materials (which can be requested from

[headstartyouth@cornwall.gov.uk](mailto:headstartyouth@cornwall.gov.uk) or downloaded at

<https://www.headstartkernow.org.uk/secondary-school-support/>). More will be added soon.

YP involved with Headstart Youth have also created a website ([www.startnowcornwall.org.uk](http://www.startnowcornwall.org.uk)) which they'd love other young people to contribute content to:

- Information about their wellbeing work in school
- Ideas for self-care and looking after wellbeing
- Book reviews / blogs / artwork / poetry / music etc.

We will also be running some competitions / challenges for YP via the site

**Please use the Start Now section** to briefly record if / how you might use Start Now in school and how we can support you.

- **Additional Information**

Optional. Add anything you think we need to know.

Join our [Headstart Support & Ideas Facebook Group](#) – ask questions, get feedback on resources / training; share good practice.

**For more information** about the HSK School Support offer / activity in Y3 please contact [Kate.pordage@cornwall.gov.uk](mailto:Kate.pordage@cornwall.gov.uk) (07484 916974) or see [www.headstartkernow.org.uk/secondary-school-support/](http://www.headstartkernow.org.uk/secondary-school-support/)