

Practical Strategies to Create Belonging and Inclusion

(Infants, children, teenagers)

30th September 2026 3.30pm to 5pm

About the training

Research increasingly highlights that belonging is not simply a 'wellbeing issue' within schools, but a core protective factor linked to attendance, engagement, emotional regulation, behaviour, academic achievement and mental health. The shift within the **Department for Education** and the **Ofsted Inspection Framework** places a clear responsibility on schools to create environments where belonging is not viewed as an 'extra' or simply articulated in policy, but embedded at the heart of school culture, relationships and practice. When schools achieve this, belonging becomes a powerful driver of improved attendance, inclusion, behaviour, learning and the wellbeing of the whole school community.

This inspiring and practical training explores how schools can become emotionally safe, relationally rich environments where every child feels valued, known, included and respected. Drawing on the latest research in psychology, neuroscience, trauma-informed practice and education, delegates will deepen their understanding of belonging as a key driver of mental health, engagement, attendance, behaviour and achievement. Then most importantly, they will come away with a wealth of practical strategies for implementation.

Includes resources

Cornish Schools & Settings Book Here:
<https://www.headstartkernow.org.uk/training/book-training/>

More information:
www.trauma-informed.uk

Benefits of Attending

- Explore how to embed belonging and inclusion across the whole-school culture, policies, relationships and everyday practice.
- Learn practical ways to help children and young people feel known, respected, emotionally safe and able to thrive.
- Learn evidence-based strategies for creating psychologically safe classrooms and meaningful student voice.
- Hear moving case studies from schools and other settings demonstrating best practice in belonging and inclusion.
- Gain real insight into the experiences of exclusion, shame and disconnection often faced by vulnerable, care-experienced and neurodivergent children and the interventions that heal.
- Develop a clear framework for strengthening belonging and inclusion within classrooms, pastoral systems and wider school structures.
- Be provided with a comprehensive Belonging Audit to help leaders, pastoral teams and practitioners evaluate how effectively their setting fosters inclusion, relational safety and connection for each individual child.
- Receive an Evidence-Based Audit and Implementation Toolkit to support sustainable whole-school change.

