

**East Cornwall  
FREE to attend  
with your child**

## Nurturing New Beginnings – Step up to secondary school

A 90-minute workshop to attend with your child

Starting secondary school is a big step — and we're here to help make it a smooth one! Join us for an engaging and informative workshop designed to help parents and carers support their child's smooth transition from primary to secondary.

### We'll explore:

- How to prepare your child emotionally and practically
- Tips for building confidence and independence
- Ways to support your child through change

### Come along to one of our friendly sessions:

Date	Time	Venue
Thursday 7 August 2025	13:30-15:00	Saltash Family Hub
Thursday 14 August 2025	13:30-15:00	Bude Family Hub
Tuesday 19 August 2025	13:30-15:00	Wadebridge Family Hub
Thursday 28 August 2025	10:00-11:30	Looe Family Hub



### To book visit

[Bitesize Parenting Sessions](#)

### Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)