

**Mid Cornwall
FREE to attend
with your child**

Nurturing New Beginnings – Step up to secondary school

A 90-minute workshop to attend with your child

Starting secondary school is a big step — and we're here to help make it a smooth one! Join us for an engaging and informative workshop designed to help parents and carers support their child's smooth transition from primary to secondary.

We'll explore:

- How to prepare your child emotionally and practically
- Tips for building confidence and independence
- Ways to support your child through change

Come along to one of our friendly sessions:

Date	Time	Venue
Wednesday 30 July 2025	10:00-11:30	The Park Family Hub (Falmouth)
Wednesday 6 Aug 2025	14:45-16:15	St Dennis Family Hub
Wednesday 13 Aug 2025	13:30-15:00	Pondhu Family Hub (St Austell)
Wednesday 20 Aug 2025	10:00-11:30	St Pauls Family Hub (Truro)



To book visit

[Bitesize Parenting Sessions](#)

Contact us

Email: parenting@cornwall.gov.uk