

**West Cornwall
FREE to attend
with your child**

Nurturing New Beginnings – Step up to secondary school

A 90-minute workshop to attend with your child

Starting secondary school is a big step — and we're here to help make it a smooth one! Join us for an engaging and informative workshop designed to help parents and carers support their child's smooth transition from primary to secondary.

We'll explore:

- How to prepare your child emotionally and practically
- Tips for building confidence and independence
- Ways to support your child through change

Come along to one of our friendly sessions:

| Date | Time | Venue |
|--------------------------|-------------|---------------------|
| Monday 4 August 2025 | 11:00-12:30 | Penzance Family Hub |
| Tuesday 5 August 2025 | 10:30-12:00 | Redruth Family Hub |
| Monday 18 August 2025 | 13:00-14:30 | Pool Family Hub |
| Tuesday 19 August 2025 | 11:00-12:30 | Hayle Family Hub |
| Wednesday 20 August 2025 | 11:00-12:30 | Helston Family Hub |



To book visit

[Bitesize Parenting Sessions](#)

Contact us

Email: parenting@cornwall.gov.uk