Name: Pronouns:

## What Helps Me Thrive

The Best Way to Support Me in Class

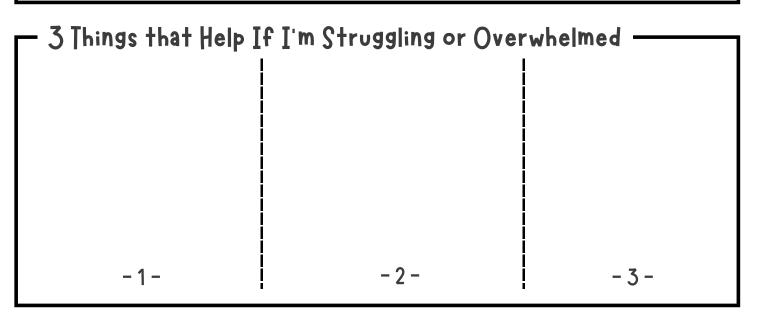
(e.g., I need clear instructions, I work best in a quiet space, I prefer written over spoken directions.)

My Sensory	Preferences
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(e.g., I struggle with loud noises, bright lights, or strong smells. I feel more comfortable when...)

## How I Like to Communicate

(e.g., I prefer time to think before answering, I find it easier to write rather than speak, I use a communication device.)



## –What I Want You to Know About Me