

# A CHILD'S BEHAVIOUR DOES NOT CHANGE UNTIL THE ENVIRONMENT DOES

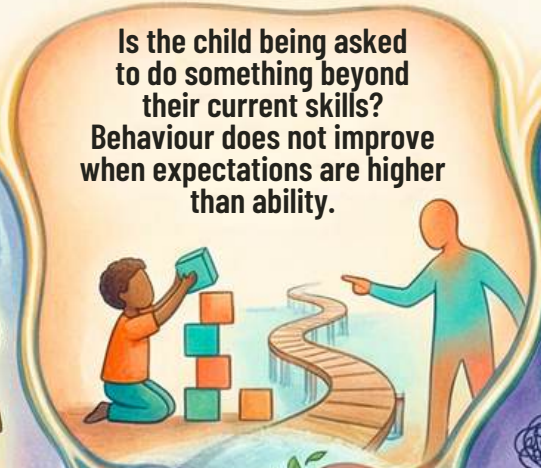
If a child's behaviour keeps repeating, it is often not because they are choosing not to change. Something around them is not supporting change.

ASK THESE QUESTIONS BEFORE JUDGING THE CHILD:

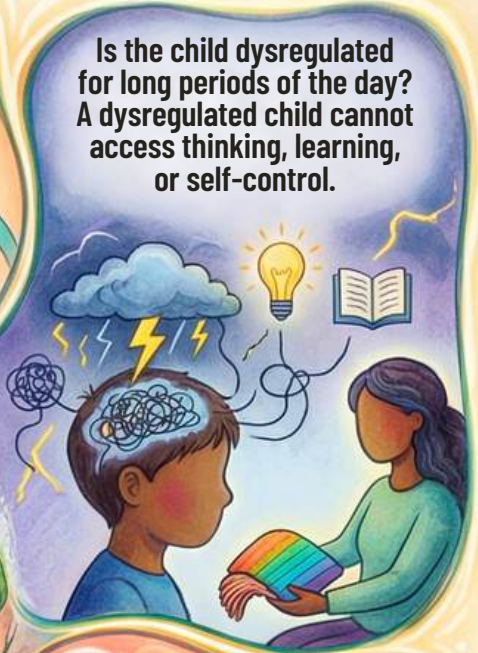
Does the child feel safe?  
Stress, fear, and uncertainty keep the nervous system on high alert.



Is the child being asked to do something beyond their current skills?  
Behaviour does not improve when expectations are higher than ability.



Is the child dysregulated for long periods of the day?  
A dysregulated child cannot access thinking, learning, or self-control.



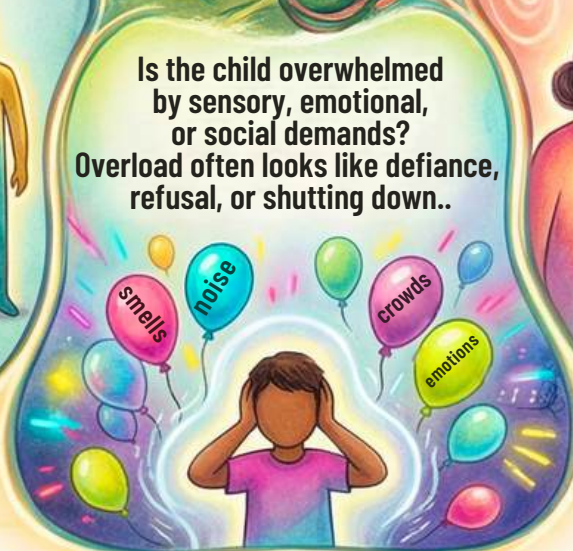
Are adults responding consistently?  
Inconsistent responses increase anxiety and behavioural escalation.



Is connection happening before correction?  
Children learn best from adults they feel connected to.



Is the child overwhelmed by sensory, emotional, or social demands?  
Overload often looks like defiance, refusal, or shutting down..



## IMPORTANT TO REMEMBER:

Repeated behaviour is information. It tells us what is not working.

Changing the environment is not giving in. It is giving the child a real chance to succeed.



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