

The BIG question: What would being a part of the healthiest generation of children look like for you?

The King's Fund is working in partnership with Barnardo's to host a special event in November where we will explore this big question and we want to hear from you! We're inviting primary school children like you from across England to share your ideas through art, photos or poems.

What do you think it takes for children like you to grow up healthy, strong and happy?

What to do

Create something that shows what being healthy means to you and your friends. You might want to show:

- Playing outside and being active
- Eating healthy food like fruit and vegetables
- Looking after your feelings and being kind
- Helping the planet stay clean, green and healthy
- Visiting the doctor or dentist to stay healthy and well

Calling all young creators!

Here's a couple of examples we wanted to share.

Your creations will be shown at the event to inspire grown-ups and help them make the world a healthier place for all children.

 There's no right or wrong, just use your imagination!



Notes for teachers

Send your entries by post so that they arrive to us by the deadline of **Friday 7 November**.

Send to:
Hinal Patel, The King's Fund, 11-13 Cavendish Square, London W1G 0AN

Or you can email a scanned copy or photos to: poster@kingsfund.org.uk.

Teachers, please include your

- **name**
- **school**
- **contact email address**
- **phone number**

along with your submissions.

Questions? Contact us at: poster@kingsfund.org.uk

A few extra notes for teachers

- Please ensure submissions are **not personally identifiable** beyond first name and age.
- Entries may be featured on The King's Fund and Barnardo's social media channels (X, LinkedIn and BlueSky).
- As a thank you, three schools will be selected to receive Decathlon vouchers for taking part!

We can't wait to see your pupils' creativity and hear what matters most to them about being healthy!



The King's Fund is an independent charity working to improve people's health and care. Our vision is a world where everyone can live a healthy life.

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