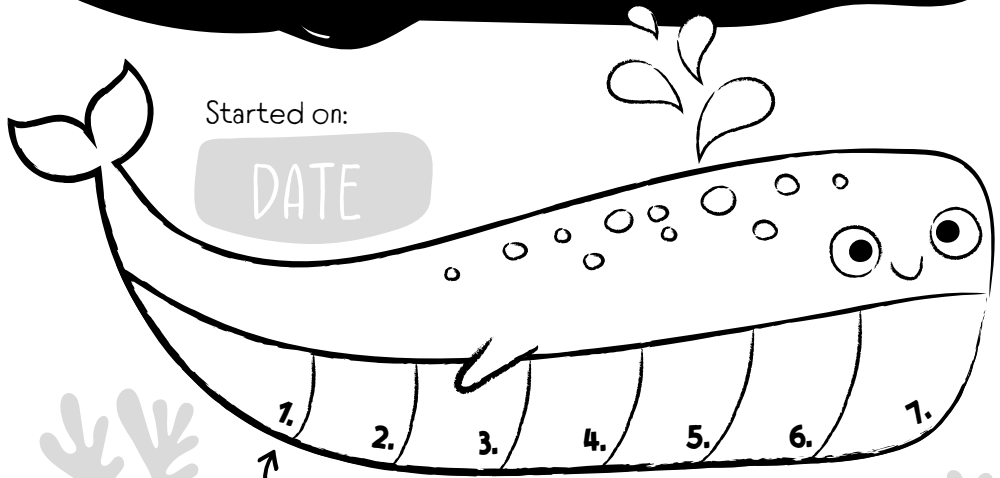


# 1 WEEK MOOD TRACKER



Colour in one section each day for a week

COLOUR KEY:



AWESOME



Good



OK



Not good



RUBBISH

A THING THAT MADE  
ME SMILE THIS WEEK...

A THING THAT WAS ON  
MY MIND THIS WEEK...